



Together, We Can  
Change Everything.

Tithira Hiranjith Perera,  
Damini Project – Sri Lanka Branch,  
7/6, Kohilakotuwa Road, Godigamuwa,  
Maharagama - 0772325525

Dear Sir/Madam,

### Free seminar on women's self defense

As the Sri Lankan representative of the [Damini Project](#), I would like to conduct a seminar on EGSFW (Escape to Gain Safety for Women). This could be conducted free of charge\* at your institute. I have explained in brief introduction about this "Damini Project" and its objectives.

The "Damini Project" was launched in conjunction with three premier organizations: **ASSERT**<sup>1</sup>, **JKDAA**<sup>2</sup> and **PSDS**<sup>3</sup> which are leading organizations empowering women for their safety against physical assaults and abuse in response to the gang rape incident of Jyothi Pandey "Damini" in 2012. The goal of our project is: **"To put an end to the current Rape Culture attitudes that result in violence against, sexual assault, and victimization of women, men, and children throughout the globe."** We are conducting free seminars, all over the world, to empower women to avoid situations mentioned above.

If you are interested in making use of this offer, we require a date allocation, an open space for training and a list of expected participants. Anybody can participate for this seminar, but they should have a same gender partner for training. Me and my associates will conduct this seminar on the allocated day (2-4 hours) **Free of charge** \*.

Best regards,

Tithira Hiranjith Perera

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\* All training materials related to ETGS seminar are free. If seminars are organized for corporations or institutes, we are expecting a donation or low fee per head, for our project so we can cover our cost, when we do free workshops to schools and other non-profitable organizations.

<sup>1</sup> [ASSERT Empowering and Self Defense](#)

<sup>2</sup> [Jeet Kune Do Athletics Association](#)

<sup>3</sup> [Progressive Self Defense System](#)

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**Effect Change:** The Damini Project ● [www.TheDaminiProject.com](http://www.TheDaminiProject.com) ● [www.Facebook.com/The-Damini-Project](https://www.facebook.com/The-Damini-Project) ● [Twitter.com/DaminiProject](https://twitter.com/DaminiProject) ● [#TheDaminiProject](https://twitter.com/TheDaminiProject) ● [#BreakTheSilence](https://twitter.com/BreakTheSilence) ● [#ShineALight](https://twitter.com/ShineALight)

Representative- Damini Project